



# *St. Catherine Labouré Catholic School*

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## *September 4, 2025*

## WEST COUNTY PSYCHOLOGICAL PARENT PRESENTATIONS

**Entering the Middle Grade Years: Building on Success**  
October 14, 2025 6:30-8:00 pm

This presentation addresses issues that parents at this stage specifically need, such as brain and social development at age 8/9, social changes and “bullying” concerns, the need for homework independence, and smart early choices with technology.

**Middle School Conversations**  
March 5, 2026 6:30-8:00 pm

Today’s middle school years are fraught with choices and challenges that simply didn’t exist a generation ago. This presentation is specifically geared to help parents as they navigate these new, deep waters.

Four conversations – drug and alcohol experimentation, stress and mental health, sexual pressures, and safe online choices – are included, and parents are given strategies for approaching their kids with these critical conversations.

# For Your Planning



- September 16** - Rosary - 6:00 PM in church
- September 16**- Board of Education Meeting 6:30
- September 19-20**- Adult Volleyball Tournament
- September 26**- NO SCHOOL (Staff PD Day)
- October 2**- School Picture Day
- October 6**- NTC Presents "Land of Smiles", Grades K-3
- October 9**- End of First Quarter
- October 10**- NO SCHOOL (Parish Homecoming set up)
- October 11**- Parish Homecoming

*On my way to Homecoming*

| September  |  |   |   |  | St. Catherine Laboure |
|--|--|---|---|--|-----------------------|
| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |                       |
| Labor Day<br>No School<br>1  | Crispy Chicken Strips<br>OR<br>Turkey and Cheese Croissant with Lays Chips<br>Garden Salad<br>Ice Cream Cup 2      | Cheeseburger on a Bun<br>OR<br>Breaded Chicken Patty on Bun with French Fry<br>Frosty Blueberries<br>Sparkling Jell-O 3 | Mostaccioli with Meat Sauce<br>OR<br>Toasted Beef Ravioli with Broccoli<br>Fresh Apple Slices<br>Breadstick 4 | Cheesy Garlic Buttered Noodles<br>OR<br>Tony's Cheese Pizza with Fresh Veggies<br>Orange Slices<br>Teddy Grahams 5 |                       |
| Mini Corn Dogs<br>OR<br>Crispy Chicken Tenders<br>Mixed Veggies<br>Vine-Ripened Grapes<br>Mini Rice Krispies Treat 8 | Warm Bagel and Cream Cheese<br>OR<br>French Toast Sticks with Sausage Patty<br>Frosty Peach Cup<br>Creamy Yogurt 9 | Tony's Cheese Pizza<br>OR<br>Hot Dog on a Bun with Green Beans<br>Mandarin Oranges<br>Chilled Pudding 10                | Street Soft Taco<br>OR<br>Cheese Quesadilla with Spanish Rice<br>Vine Ripened Grapes<br>Rice Krispie Treat 11 | PAPA JOHNS PIZZA with Oranges<br>Oreo 12   |                       |
| Cheese Stuffed Bosco Stick<br>OR<br>Toasted Ravioli with Fresh Veggies & Dip<br>Orange Wedges<br>Yogurt 15           | Beefy Macho Nachos<br>OR<br>Soft Pretzel with Cheese with Pineapple Chunks<br>Creamy Yogurt<br>Veggies with Dip 16 | Hot Ham & Cheese Sliders<br>OR<br>Crispy Chicken Tenders with Ruffles Chips<br>Veggies & Dip<br>Pineapple Tidbits 17    | Toasted Beef Ravioli<br>OR<br>Bowtie Alfredo Pasta With Broccoli<br>Breadstick<br>Mini Rice Krispies Treat 18 | Carnival Corn Dog<br>OR<br>Cheeseburger with Bun with Smiley Face Potatoes<br>Pineapple<br>Flavored Jell-O 19      |                       |
| Stadium Style Hot Dog<br>OR<br>Crispy Chicken Nuggets with Tater Tots<br>Fresh Veggies & Dip<br>Creamy Sherbet 22    | Baked Macaroni & Cheese<br>OR<br>BLT Wrap with Fresh Veggies & Dip<br>Mandarin Oranges<br>Cinnamon Goldfish 23     | Golden Grilled Cheese<br>OR<br>Chicken Rings with Ruffles Chips<br>Pears<br>Chilled Pudding 24                          | PAPA JOHNS PIZZA with Oranges<br>Chocolate Chip Cookie 25   | No School 26   |                       |
| Chicken Rings<br>OR<br>Cheese Stuffed Bosco Stick with Apple Slices<br>Golden Corn<br>Sparkling Jell-O 29            | Popcorn Chicken<br>OR<br>Hot Ham & Cheese on Croissant with Yogurt<br>French Fries<br>Veggies with Dip 30          |   |   |  |                       |



## Did you know?

818 hot dogs are eaten every second in the U.S. between Memorial Day and Labor Day.

## FOOD IN FOCUS



**PLATE LUNCH AND SALAD  
OPTION PRICING**  
**GRADE K-2ND: \$5.00**  
**GRADE 3RD-8TH: \$5.35**  
**EXTRA ENTRÉE: \$2.15**  
**ALA CARTE MILK/8 OZ WATER: \$0.50**

**DAILY SALAD OPTION :**  
**MONDAY: Chicken Caesar**  
**TUESDAY: Taco Salad**  
**WEDNESDAY: Chef Salad**  
**THURSDAY: BLT Salad**  
**FRIDAY: Italian Salad**

**HOT AND COLD ALA CARTE  
AVAILABLE DAILY**

**PLEASE CHECK YOUR VANCO  
ACCOUNT**

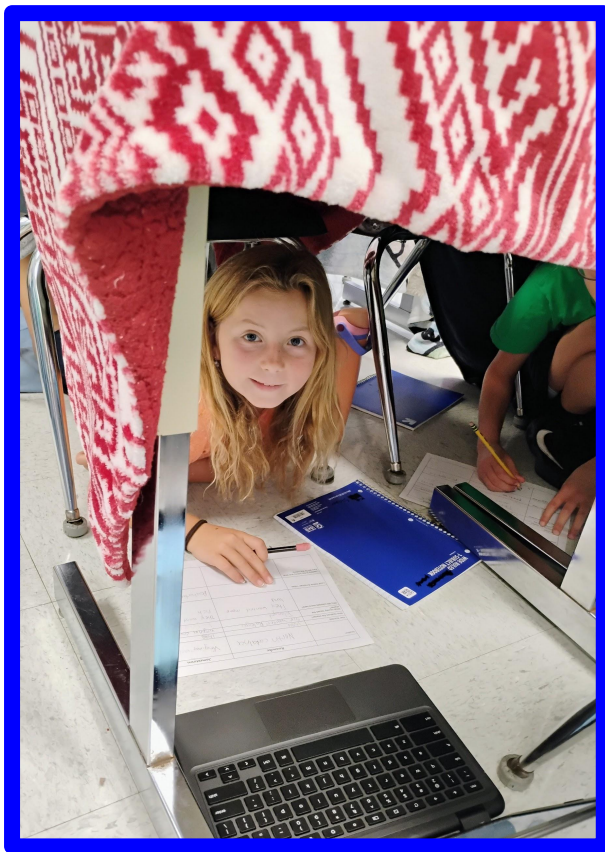
**You can reach the Cafeteria  
Manager at  
507manager@foodserv.org**

**MENU IS SUBJECT TO CHANGE**

Contact our dietician at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to [www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)





The fourth grade voted on building blanket forts as a positive behavior reward.



# ***Living the Virtues***

**Dossey R.-** Dossey helped a friend clean up his lunch he spilled outside. Thanks for being a great friend.

**Alena G.-** Alena helped a friend complete her art project.

**Vivie M. & Ali N.-** They were good friends and made sure everyone had someone to sit with at lunch.

**Vera B.-** Thank you to Vera for finding a library book for a friend.

**Ruby B.-**For picking up a lunch tray that fell on the floor.

**John B. -** Stayed and volunteered to sweep at lunch when no one else at the table would.

**Mia M.-**Thank you to Mia for holding on to a friend's lunch box while they went back to their classroom.

**Lucas V.-** Lucas picked up trash around the picnic tables after lunch. Thanks, Lucas!

**Audrey K.-** For walking in a student that was upset and crying into the building. She helped to calm them down.

**Freddy G.-** Thank you to Freddy for volunteering to hold the door when the "door holder" was busy.





# Knights of Columbus



**St. Catherine Laboure Annual Parish BBQ**



**Sunday, September 21st**

**SCL School Cafeteria**

**11:00AM - 5:00 PM**



**Ribs (1/2 Slab) \$20**

**Pork Steak \$15**

**Chicken \$15**

**2 Brats w/ Kraut \$15**

**2 Burgers \$15**

**Child's Plate\* \$7**

\*includes chips, dessert and beverage

## **BONUS BUYS**

**Ted Drewes \$4**

**Pretzels \$1**

**Soda/Water \$1**

**All meals include soda/water and dessert**

**All adult meals include two sides: choice of  
baked beans, coleslaw, potato salad, sweet corn**



**...or in advance via web site:**



## Jubilee Year....

### Only 4 Months Remain!

- We are approximately two-thirds of the way through this very special Catholic Jubilee Year of HOPE.
- One of the very special features of 2025 is the ability to obtain a Jubilee Indulgence. Much More information is available on the SCL Parish website: <https://sclparish.org/Jubilee-Year-of-Hope>
- Also, the National Shrine of Our Lady of the Miraculous Medal, just South of us in Perryville, Missouri, is a 2025 Jubilee Pilgrimage Site - We encourage all our families to make time to visit and reap the rewards.



**SCL YOUTH MINISTRY INVITES YOU TO  
SAVE THE DATE FOR**

**OCT. 25**

**7-8:30PM**



**WHERE:  
SCL  
PARKING  
LOTS**

# **TRUNK or TREAT**

**(RAIN  
DATE  
OCT.  
26TH)**

**MORE INFORMATION TO COME**

Join us for a special monthly prayer event

# RUN FOR RYAN ROSARY FOR THE SICK & WORLD PEACE



## Join Us!

We invite you to lead a decade of the rosary. If interested, please email **Mrs. Patke** at [mpatke@sclschool.org](mailto:mpatke@sclschool.org). Together, let's pray for the sick and seek peace in our world.

**September 16**  
6 PM in church

**October 7th,**  
3:15 PM in church



# ***Join OLLIE'S TRANE at the annual Cardinal Glennon Sun Run***

**Sunday, October 12, 9:00 AM at Forest Park (Upper Muny Lot)  
5k run/walk or 1 mi walk – Family Friendly, all ages welcome!**



The Sun Run supports the world-class pediatric health care for SSM Health Cardinal Glennon Children's Hospital which is a not-for-profit hospital providing care to communities throughout Illinois, Missouri and beyond. Cardinal Glennon is committed not only to healing children today but finding new ways to help them stay healthy in the future.

Ollie Geen, 1<sup>st</sup> grade at SCL is a 6-year-old hepatoblastoma (rare liver cancer) survivor that was treated extensively at Cardinal Glennon Children's Hospital when he was 2-3 years old. Ollie just celebrated 3 ½ years in remission.





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**PEACE, LOVE, AND *VOLUNTEERS!***

**STEP INTO THE GROOVE AND SIGN UP  
NOW TO BE PART OF OUR  
1970S HOMECOMING CREW.**



**<https://bit.ly/SCLHomecoming25>**

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## ***Get with the Times, Contribute Online!!***

We sincerely thank you for the financial sacrifices you make to send your children to SCL! While you may not realize it, your tuition does NOT cover the actual cost to educate your child(ren). The parish provides approximately \$500,000 (half a million dollars) to subsidize the school. These funds come from generous benefactors, mostly from the consistent offertory donations of our wonderful parishioners. Therefore, active parishioner families qualify for a special reduced tuition rate, as it is assumed that active parishioners contribute financially to the parish per their means.

We know many people don't carry cash or checks, so we encourage you to support our parish (and thus your child's education) via Online Giving. Check the Donation Options at [www.osvhub.com/sclparish/giving/funds](http://www.osvhub.com/sclparish/giving/funds)

SCL Class of 2026  
Fundraiser

# Adult VOLLEYBALL TOURNAMENT



Friday, 9/19/2025  
5:30pm - 11:30pm  
&  
Saturday, 9/20/2025  
8:15am - 11:30pm

- Players must be 21+ to participate
- 6-12 players per team
- \$200 per team
- Registration Deadline is 9/5/2025

Scan or click  
here to register



If you have any questions,  
please contact any of the tournament chairs.

Jessie Yehling (314) 495-6340  
Jarnie Antisdell (314) 323-7084  
Katie Scheve (314) 700-0035

All proceeds directly support the  
8th grade class of 2026



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# LET THE GOOD TIMES ROLL AND THE HOCO RAFFLE BASKETS OVERFLOW!

The Homecoming vibes are taking us back to the funky '70s, and we need your help to make it far out! Each grade will build a totally unique raffle basket—so dig deep and donate goodies for your grade's themed collection. Let's make these baskets as groovy as your dance moves! Each grade level, along with parishioners, are being asked to donate items related to their assigned basket theme. With this advanced notice, we hope you can keep an eye out for items to ensure the baskets are bountiful and beautiful.

## KINDERGARTEN

Cooking Basket  
All things to do with  
COOKING!

## 1ST GRADE

Baker's Basket  
All things to do with  
BAKING!

## 2ND GRADE

Family Game Basket  
Games for all ages for some  
great FAMILY time.

## 3RD GRADE

Backyard/Outside Game Basket  
Games for all ages to be enjoyed  
in the great outdoors.

## 4TH GRADE

Tailgating Basket  
Coolers, small BBQ pit, fold  
up chairs etc.

## 5TH GRADE

Spa/Self Care Basket  
All things that say  
I FEEL PRETTY!  
Hand/body Creams, lip balms etc.

## 6TH GRADE

Spa/Self Care Basket  
All things that say  
I FEEL PRETTY!  
Shower Wipes, body scrub, nail accessories.

## 7TH GRADE

Sports Basket  
All Things Sporty in the LOU,  
Cardinal, Blues, STL City,  
Battlehawks

## 8TH GRADE

Sports Basket  
All Things Sporty in the LOU,  
Cardinal, Blues, STL City,  
Battlehawks

## NOT IN SCHOOL— NO PROBLEM— WE HAVE WAYS FOR YOU TO JOIN IN TOO!

Parishioners not in the Day School or PSR are invited to donate the following items: Gift Cards to area restaurants, coffee shops, fast food stops, Ted Drews, Dad's Cookies, The Fox, City Museum, Magic House etc. or Scratch Off Lotto tickets— all denominations.

Now through September, please bring all donated items to the gathering space in church and place in the Homecoming Tubs or bring to the parish office during normal business hours. Once the school year begins, we will also collect at PSR and the day school.

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# DINE OUT

## for SCL School

September 23rd and 24th 11am-9pm

Dine out or purchase gift cards at

**Liliana's Italian Kitchen**

and SCL will receive 25% of all food & gift card sales

11836 Tesson Ferry Rd

Saint Louis, Missouri 63128

314-729-1800

<https://www.lilianasitaliankitchen.com>

**Order Online, Drive-Thru, or Inside**

**Online Order Instructions:**

in the instructions under address, click  
ADD/EDIT, and enter "SCL Fundraiser"

**Drive-Thru or In Restaurant Instructions:**

mention SCL when ordering







ARCHDIOCESE OF ST. LOUIS  
EDUCATION WITH A HIGHER CALLING

# HIGH SCHOOL Fair

Families with students in grades 5 and up  
can explore exciting educational opportunities  
by connecting with representatives from  
Catholic high schools in the  
Archdiocese of St. Louis!



**THURSDAY**  
**SEPTEMBER 4, 2025**



**5:30 P.M. - 7:00 P.M.**



**LOGAN UNIVERSITY**  
**WILLIAM D. PURSER, DC CENTER**  
**1851 SCHOETTLER RD**  
**CHESTERFIELD, MO 63017**

## *Participating Schools:*

Bishop DuBourg High School  
Cardinal Ritter College Prep  
Chaminade College Preparatory School  
Christian Brothers College High School  
Cor Jesu Academy  
De Smet Jesuit High School  
Duchesne High School  
Incarnate Word Academy  
Nerinx Hall  
Notre Dame High School  
Rosati-Kain Academy  
St. Dominic High School  
St. John Vianney High School  
St. Joseph's Academy  
Saint Louis Priory School  
St. Louis University High School  
St. Mary's South Side Catholic High School  
St. Pius X High School  
Ursuline Academy  
Villa Duchesne  
Visitation Academy

**LEARN MORE AT**  
**[ARCHSTL.ORG/EDUCATION](http://ARCHSTL.ORG/EDUCATION)**

# Youth Orchestra

*for Middle School Students*

## **Program Details**

### **Beginner's Orchestra**

- No experience necessary
- Learn brass, woodwind or percussion instruments

### **Intermediate Orchestra**

- 1+ year of experience required
- Includes strings, woodwinds, brass or percussion

## **Cost**

\$300 per semester  
(+instrument rental, more information on our website)

**For more information,  
Scan the QR Code!**



## **Key Dates at Cor Jesu Academy**

### **Parent Information Meeting:**

- September 8 at 5:30 PM
- In-person or virtual

### **Instrument Discovery Night:**

- September 15 at 7:00 PM

### **First Rehearsal:**

- September 22

### **Weekly Rehearsals:**

- Beginner: 4:15-4:55 p.m.
- Intermediate: 5:00-5:55 p.m.

*Questions? Email  
[youthorchestra@corjesu.org](mailto:youthorchestra@corjesu.org)  
or call (314) 300-6424.*





WEST COUNTY  
BEHAVIORAL HEALTH



## ONLY MAKING GAINS (OMG) GROUP!

Helping Children Explore  
Emotions and Learn Coping  
Skills!



Your child will learn to explore emotions, problem solve, think critically, and practice coping skills through a combination of Cognitive Behavioral and Dialectical Behavioral Skills.

### Group Information:

- Every Thursday from 6:00-7:15 PM
- Dates are 08/28, 09/04, 09/11, 09/18, & 09/25
- 5 week commitment at \$300

An interactive  
weekly group for  
children who are  
9-12 years old!



If interested in joining, please contact:  
Meagan Gerchen, LCSW  
Phone: 1-314-246-0728  
Email:  
[mgerchen@westcountybehavioral.com](mailto:mgerchen@westcountybehavioral.com)